

# TTCF EVENT SCHEDULE AND TECHNICAL GUIDE FOR NATIONAL TEAM QUALIFIERS

**Event: TTCF Track Cycling National Team Open Qualifiers**

**Date: February 24, 2018**

**Time: 9:00 am – 2:00 pm**

## **BRIEFING**

The TTCF will host a national-team assessment and open qualifier ("qualifier") on February 24, 2018, at the National Cycling Center in Couva. This qualifier is open to any TTCF-licensed cyclist (racing-age 17 or older) that wants to post an official time for potential qualification into the Elite or Junior TTCF national-team pools ("national team"). The qualifier will be made up of individual time trials only, i.e., 200m time trial, 4000m individual pursuit, etc. There will be no mass start or team events.

Existing national team athletes that have not posted an official time in the previous six months are greatly encouraged to participate in this assessment as it will help define the current state of track-fitness of the national team and allow the national coach to guide the program accordingly. Regardless of results, all existing national pool athletes will maintain their current position within the national team until future performance standards and the associated selection criteria and events are put into place.

The qualifier is open to TTCF-licensed club and unattached cyclists (men and women) with a serious interest in qualifying into the national team. Therefore, TTCF-licensed cyclists that are not current members of the national team and want to attempt to qualify into the program are encouraged to participate in this initial qualifier of 2018.

There are three criteria for participation:

- 1) Riders must be racing-age 17 or older and hold a 2018 TTCF racing license,
- 2) Equipment must meet [UCI regulations for track cycling](#),
- 2) Serious attempts only...

This qualifier is not for persons wanting to "post a time" for their own reference. The event is being hosted for riders trying to qualify into the national team or existing national team athletes under assessment. Please limit participation to serious attempts at the national time standards only.

## WHAT IS IT?

The TTCF is in the process of revamping and streamlining its national team policies and procedures to allow for greater transparency and impartiality in selection to the national team programs, athlete pools, and for race projects. A performance-oriented ranking matrix based on competitive time standards and race results will guide athlete placement into future national-team programs and help define how athletes access finite national team resources. These new performance standards are currently in development and are expected to be launched in May 2018.

The first step in revamping existing national team policies and associated selection criteria is to identify the current state of fitness of the elite-athlete pool in Trinidad and Tobago in order to establish new domestic benchmarks for reference and identify gaps in the current system. The objective is to create competitive performance standards that allow the TTCF to identify and rank where its athletes stand against international competition and form the appropriate elite-and-development athlete pools within the new national team framework.

Therefore, the qualifier scheduled for February 24, 2018, is an opportunity for athletes to post times against the current national team time standards while concurrently providing the TTCF with data to assist with the development of the new performance standards and ranking matrix.

Take note that not all athletes making an attempt will qualify into the national team—only those meeting the current performance standards listed in the table below will meet the qualifying criteria into the national team at this time. However, there will be multiple opportunities for athletes to qualify into the national team pools once the new performance standards are in place.

<b>Regional/Continental Events - Qualification Times</b>		
<b>Event</b>	<b>Qualification Method</b>	<b>National Cycling Centre</b>
<b>ELITE MEN</b>		
Sprint/Keirin	Flying 200m	10.500
Team Sprint - Starter	Standing 250m	18.500
1km Time Trial	1km Time Trial	1:05.000
4km Individual Pursuit	4km Individual Pursuit	4:45.000
<b>ELITE WOMEN</b>		
Sprint/Keirin	Flying 200m	12.300
Team Sprint - Starter	Standing 250m	21.000
500m Time Trial	500m Time Trial	37.000
3km Individual Pursuit	3km Individual Pursuit	4:15.000
<b>JUNIOR MEN</b>		
Sprint/Keirin	Flying 200m	10.850
Team Sprint - Starter	Standing 250m	19.000
1km Time Trial	1km Time Trial	1:06.000
3km Individual Pursuit	3km Individual Pursuit	3:40.000
<b>JUNIOR WOMEN</b>		
Sprint/Keirin	Flying 200m	12.300
Team Sprint - Starter	Standing 250m	21.000
500m Time Trial	500m Time Trial	37.500
2km Individual Pursuit	2km Individual Pursuit	2:38.000

## **WHEN AND WHERE IS IT? WHAT IS THE COST? HOW DO I REGISTER?**

The qualifier will be held at the National Cycling Center ("NCC") in Couva. The NCC is located off Couva Main Road in Balmain.

Doors will open at 6:30 a.m. with the track being available for warm up at 7:00 a.m. Racing will begin at 9:00 a.m.

Registration is **free**.

Contact **Rowena Williams** at [Rowena\\_1@hotmail.com](mailto:Rowena_1@hotmail.com) to register for your events and confirm participation. There will be day-of registration available up to 7:30 am on the infield of the NCC.

## **EQUIPMENT**

Athletes are required to provide their own UCI-legal track-cycling equipment for the qualifiers. All bikes will be checked using a UCI jig. A bike that doesn't pass the bike check will NOT be allowed to compete.

Equipment Guidelines:

[http://www.uci.ch/mm/Document/News/Rulesandregulation/16/51/61/ClarificationGuideoftheUCITechnicalRegulation-2018.02.08-ENG\\_English.pdf](http://www.uci.ch/mm/Document/News/Rulesandregulation/16/51/61/ClarificationGuideoftheUCITechnicalRegulation-2018.02.08-ENG_English.pdf)

The national team will not be able to supply any equipment or tools for this event.

## **PROGRAM, FORMAT, AND TENTATIVE SCHEDULE**

The qualifier will host the following events:

### **Men**

200-meter Time Trial

250-meter Time Trial (team-sprint starter assessment)

1000-meter Time Trial

4000-meter Individual Pursuit

## Women

200-meter Time Trial

250-meter Time Trial (team-sprint starter assessment)

500-meter Time Trial

3000-meter Individual Pursuit

Athlete are not required to ride all events—only the ones in which they're attempting to qualifying into the national team.

## Tentative Schedule

The schedule below is based on initial projected numbers for participation and are subject to change. Therefore, start times may change after registration. Final schedule and start times will be posted around 8:30 a.m.

- 0630 Doors open; staff onsite
- 0700 Track open for warm-up (medical will be onsite)
- 0900 M/W/JM/JW 200m time trials, attempt #1 (example of 10 athletes)
- 0915 W/JW 3000m/2000m individual pursuit, attempt #1 (5 athletes)
- 0935 M/W/JM/JW 200m time trials, attempt 2 (10 athletes)
- 0950 M/JM 4000m/3000m individual pursuit, attempt #1 (8 athletes)
- 1040 M/W/JM/JW 250m time trial, attempt #1 (10 athletes)
- 1100 W/JW 3000m/2000m individual pursuit, attempt #2 (5 athletes)
- 1120 M/W/JM/JW 250m time trial, attempt #2 (10 athletes)
- 1140 M/JM 4000m/3000m individual pursuit, attempt #2 (8 athletes)
- 1230 M/W/JM/JW 500m/1000m time trials (10 athletes)
- 1255 Final time trial attempts of athletes' choice
- 1400 Track closed

Riders are not required to take multiple attempts at each event; it's their option to make more than one attempt. Riders are not required to ride all events.

### **Format**

All time trials will be run one athlete at a time. There will not be any two-up attempts.

Events will be run according to UCI rules, where applicable. See here for UCI Regulations, Part 3 Track Races:

[http://www.uci.ch/mm/Document/News/Rulesandregulation/16/26/54/3-PIS-20171001-E\\_English.PDF](http://www.uci.ch/mm/Document/News/Rulesandregulation/16/26/54/3-PIS-20171001-E_English.PDF)

### **Timing**

Timing will be electronic with three stop-watches used as back up. Results will be communicated to athletes and posted on the infield.